

MEN'S TIME

THURSDAYS, 3-4:00 P.M.



**FIND THE SUPPORT &
COMMUNITY YOU NEED.**

Find additional support and strategies to cope with: mental health concerns, lack of support, struggle with employment, relational stress and much more. This group is a safe space for men to find support and create healthy changes.



**5109 WEST BROAD ST., SUITE 104
COLUMBUS, OH 43228**

SIGN UP TODAY



WWW.NORTHCOMMUNITY.COM



614-261-3196